URINARY TRACT INFECTION BY STREPTOCOCCUS EQUINUS: A PEDIATRIC CASE PRESENTATION

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ИНФЕКЦИЯ МОЧЕВЫХ ПУТЕЙ, ВЫЗВАННАЯ STREPTOCOCCUS EQUINUS: ПЕДИАТРИЧЕСКИЙ СЛУЧАЙ

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Резюме

Streptococcus equinus — неэнтерококковый Streptococcus группы D, грамположительная, негемолитическая, молочнокислая бактерия. Частота инфицирования людей увеличивается в сельской местности, где существует высокий риск контакта с фекалиями животных и ферментированными пищевыми продуктами.

Streptococcus equinus ассоциирована со специфическими заболеваниями, такими как костно-суставные инфекции, менингит, инфекции желчных путей, инфекционный эндокардит и колоректальный рак. Пациент мужского пола 10 лет, с бессимптомным течением и без сопутствующих заболеваний, был направлен на плановый осмотр в амбулаторную педиатрическую клинику больницы общего профиля Никея, Пирей, Греция. Согласно истории болезни, он провел две недели в летнем лагере, где имел непосредственный контакт с лошадьми, например, в ходе верховой езды, кормления и поения лошадей, а также ухода за ними и т. д. Однако, инфекция не выявлена у его брата с аналогичными контактами и занятиями. Осмотр глаз, рта, ушей, носа, горла и живота особенностей не выявил. Лабораторные анализы показали умеренный лейкоцитоз (12 000/мм3, с 80% нейтрофилов) и незначительное увеличение скорости оседания эритроцитов (30 мм/ч). Анализ мочи и микроскопия выявили бактериурию по нитритному тесту и пиурию, что обусловило проведение посева мочи (Multistix 10 SG Reagent Strips)., Siemens Healthineers) с обнаружением мономикробного S. equinus >105 КОЕ/мл. Бактерию идентифицировали с помощью системы идентификации RapIDTM REMEL ONE (Thermo Fisher Scientific). Тестирование чувствительности противомикробным препаратам выявило устойчивость к клиндамицину, тетрациклину, цефотаксиму и высокую чувствительность к эритромицину. Пациент получал лечение эритромицином. Streptococcus equinus выделяется из кишечника примерно у 7% в общей популяции, а инфекции мочевыводящих путей встречаются реже. Факторами риска колонизации человека считаются проживание в сельской местности и контакт с фекалиями животных. Описанный в настоящем исследовании пациент, пребывавший в летнем лагере, вероятно, контактировал с фекалиями лошадей во время соответствующих мероприятий, что привело к развитию инфекции, вызванной Streptococcus equinus.

Ключевые слова: Streptococcus equinus, мономикроб, колонизация, мочевыводящие пути.

Abstract

Streptococcus equinus is a non-enterococcal group D Streptococcus, Gram positive, non- hemolytic, lactic acid bacterium. The incidence of colonization in humans increases in rural areas, where there is high risk of exposure to animal feces and fermented food products.

It is associated with specific diseases, such as osteoarticular infections, meningitis, biliary infections, infective endocarditis and colorectal cancer. A male 10-year-old patient, asymptomatic, without underlying medical conditions, was referred for routine check-up at the Outpatient Pediatric Clinic of the Nikea General Hospital, Piraeus, Greece. According to patient history, he had spent two weeks at a summer camp, where he had direct contact with horses, such as horse riding, horse feeding, watering, horse care, etc. His brother, although he had the same contacts and activities, did not present an infection. Examinations of the eyes, mouth, ears, nose, throat and abdomen were normal. Laboratory tests showed mild leukocytosis $(12.000/\text{mm}^3, \text{ with } 80\%$ neutrophils) and slightly increased erythrocyte sedimentation rate (30 mm/h). Urinalysis and microscopy revealed bacteriuria by nitrite test and pyuria, so urine cultures were performed (Multistix 10 SG Reagent Strips, Siemens Healthineers). The urine culture grew monomicrobial S. equinus >10⁵ CFU/ml. The bacterium was identified by the RapIDTM REMEL ONE identification system (Thermo Fisher Scientific). Antimicrobial susceptibility testing revealed resistance to Clindamycin, Tetracycline, Cefotaxime and high susceptibility to Erythromycin. The patient received treatment with Erythromycin. Streptococcus equinus has been isolated from the bowel in approximately 7% of the general population. Urinary tract infections are less common. Risk factors for human colonization are considered living in rural areas and having contact with animal feces. The patient, during his stay at the summer camp, had probably contact with horse feces during the relevant activities and therefore infected.

Keywords: *Streptococcus equinus*, monomicrobial, colonization, urinary tract.

1 Introduction

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Streptococcus equinus is a non-enterococcal group D Streptococcus, which 2 colonizes both humans and animals and is involved in food fermentation. It is a 3 Gram positive, non-hemolytic, lactic acid, bile-esculin positive, non-lactose and 4 non-mannitol fermenting bacterium. It is found predominantly in the alimentary tract 5 of horses, and it is associated with specific diseases, such as osteoarticular infections, 6 meningitis, biliary infections, infective endocarditis and colorectal cancer) 7 (Marmolin et al., 2016; Kaiki et al., 2021; Vinciguerra et al., 2021). The incidence 8 of colonization in humans increases in rural areas, where there is high risk of 9 exposure to animal feces and fermented food products (Kaiki et al., 2021; 10 Vinciguerra et al., 2021). Urinary tract infections are among the most frequent 11 infections worldwide. They are detected in hospital and primary care consultations, 12 and in some cases they are asymptomatic. Timely diagnosis and treatment of urinary 13 tract infections can prevent from serious consequences. Urinary tract infections from 14 Streptococcus equinus are very rare. The aim of our study is to present an 15 asymptomatic pediatric case of urinary tract infection by Streptococcus equinus, 16 acquired due to leisure time spent with horses. 17

CASE PRESENTATION

A 10-year-old male patient, asymptomatic, without underlying medical conditions, 19 was referred for routine check-up to the Outpatient Pediatric Clinic of the Nikea 20 General Hospital, Piraeus, Greece. According to patient history, he had spent two 21 weeks at a summer camp, where he had direct contact with horses, such as horse 22 riding, horse feeding, watering, horse care etc. His older brother, although he had 23 the same contacts and activities, did not present any infection. Examinations of the 24 eyes, mouth, ears, nose, throat and abdomen were normal. Laboratory tests, such as 25 complete blood count, biochemical tests, urinalysis and urine culture were 26 performed. 27

2 Materials and methods

The complete blood count was measured on the NIHON KOHDEN CelltacG 29 hematology analyzer, biochemical tests were measured on the KONELAB 60 30 biochemistry analyzer, urinalysis was performed by the Multistix 10 SG Reagent 31 Strips (Siemens Healthineers), and the urine cultures were performed on Columbia 32 blood agar. For microbial identification, RapID STR REMELTM (Thermo Scientific 33 System), Gram stain and agglutination with streptococcal group sera (Streptococcal 34 Grouping Kit, Oxoid Ltd., Basingstoke, UK) were applied. In addition, the drug 35 susceptibility testing of the urine culture was performed by the Kirby Bauer disk 36 diffusion susceptibility test, by implementing the EUCAST (European Committee 37 on Antimicrobial Susceptibility Testing) 2023 criteria. 38

3 **Results**

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Haematology tests showed mild leukocytosis (12.000/mm³ with 80% neutrophils) 40 and slightly increased erythrocyte sedimentation rate (30 mm/h). Biochemical test 41 results were as follows: glucose 86 mg/dL, urea 30.5 mg/dL, uric acid 6.63 mg/dL, 42 creatinine 0.98 mg/dL, GGT 22 U/L, GOT 20 U/L and GPT 22 U/L. Urinalysis and 43 microscopy revealed bacteriuria by nitrite test and pyuria. The urine culture grew 44 monomicrobial Streptococcus equinus >10⁵ CFU/ml. Antimicrobial susceptibility 45 testing revealed resistance to Clindamycin, Tetracycline, Cefotaxime and high 46 susceptibility to Erythromycin. The patient received treatment with Erythromycin 47 and recovered quickly. 48

4 Discussion

Equines play an important role in transmitting several zoonotic diseases to humans.

The emergence and re-emergence of equine zoonotic pathogens have been described by many authors in the literature. *Streptococcus equinus* has been isolated from the bowel in approximately 7% of the general population. It has rarely been described as a human pathogen. Infections in humans are most often associated with bacteremia, with or without endocarditis (Chayakulkeeree et al., 2015; Marmolin et al., 2016; Jans and Boleij, 2018; Pompilio et al., 2019). Moreover, *Streptococcus equinus* has

been detected in food products including fermented milk in sub-Saharan Africa, Asia 57 and Southern Europe, fermented fish in Asia and fermented plants in sub-Saharan 58 Africa and Latin America suggesting a wide range of habitats and its adaptability to 59 different environmental conditions (Khurana et al., 2015; Jans and Boleij, 2018; 60 González-de la Cruz et al., 2021; Öberg et al., 2022). Streptococcus 61 bovis/Streptococcus equinus complex (SBSEC), consists of commensal bacteria, 62 mainly described as colonizers of the rumen, crop, and cloaca of animals and colon 63 of humans, with a fecal carriage rate of SBSEC in humans ranging from 5% to over 64 60% (Khurana et al., 2015; Öberg et al., 2022). The variation of the percentage 65 observed, is attributed to different detection techniques and regional differences. 66 Moreover, most studies include specific population groups and not the general 67 population (Jans et al., 2012; Lopes et al., 2014; Dekker and Lau, 2016). 68 Epidemiological data about Streptococcus equinus are limited. The rare published 69 cases include infective endocarditis cases (Keerty et al., 2021; Vinciguerra et al., 70 2021; Öberg et al., 2022; Stummer et al., 2023), bacteremia (Chayakulkeeree et al., 71 2015; Marmolin et al., 2016; Kaiki et al., 2021; Öberg et al., 2022; Stummer et al., 72 2023) and one case of endocarditis combined with histocytosis (Sechi et al., 2000). 73 In 2013 three cases of Streptococcus equinus subspecies zooepidemicus 74 were detected in Eastern Finland, in patients who were horse trainers and breeders. It is 75 noteworthy that the disease in all three patients was invasive and severe, requiring 76 prolonged treatment and rehabilitation. Human infections with *Streptococcus equinus* 77 subspecies zooepidemicus, are very rare and are generally associated with contact 78 with horses, and consumption of unpasteurized milk products, goat cheese or pork. 79 In most cases S. zooepidemicus leads to fulminant infections (Pelkonen et al., 2013; 80 Stummer et al., 2023). Urinary tract infections are much less common and their role 81 of the SBSEC [Streptococcus bovis/Streptococcus equinus complex] as urinary 82 pathogens is not well known (Matesanz et al., 2015; de Teresa-Alguacil et al., 2016; 83 Rosales-Castillo et al., 2022). In Greece, there are no epidemiological surveillance 84 data from the National Public Health Organization for Streptococcus equinus 85

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infection, probably due to its rarity. In the recent past, no similar infections have been detected nor published in Greece, concerning any population age group. The patient in this case, during the stay at the summer camp, had probably contact with horse feces during the relevant activities and therefore was infected. No epidemiological data from the campsite were collected. The child was asymptomatic and the urine culture was performed on the basis of routine testing, so there may be cases of infection which have been under-diagnosed. The 10 year old patient has a higher risk of being infected, due to poor application of hygiene rules in his age group during vacations, without the supervision of parents or teachers. In Greece, horse riding is not a widespread sport and leisure with horses is very limited. Contact with horses occurs in most cases due to agricultural activities. Moreover, a National Equine Registry has not yet been established, despite the continuous efforts of the relevant animal welfare associations (Hellenic Society for the Equine Welfare and Panhellenic Equine Welfare Society). There is an increasing evidence that antibiotic resistance is widespread among Streptococcus equinus clinical isolates, with variable resistance rates reported for clindamycin, erythromycin, tetracycline, and levofloxacin (Boyle et al., 2018; Pompilio et al., 2019; Bohlman et al., 2023; Chhabra et al., 2023). Given the increasing infection rates it is of utmost importance to continuously evaluate the resistance profiles, as well as to determine the factors that enable colonization and establishment in animal and humans, in order to develop strategies to reduce public health risks. The diseases of equines put at risk significant part of the population, such as veterinarians, animal handlers, horse trainers and breeders, animal health personnel, the population of agricultural communities, as well as the general population that gets in contact with horses during sports or leisure time (Bohlman et al., 2023; Chhabra et al., 2023).

5 Conclusion

Streptococcus equinus is a rare Gram-positive bacterium, that may cause fulminant
 infection in humans. In this paper we describe a rare asymptomatic pediatric case of
 urinary tract infection with *S. equinus*, as a result of contact with horses. All
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- clinicians and laboratory physicians should be alert for timely diagnosis and specific
- therapeutic treatment, aiming to ensure the quality of life of patients and increase
- their survival expectancy.

FIGURES

Figure 1. Identification of *S. equinus* by RapIDTM REMEL ONE.

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IDENTIF	ICATION :	= S.equinus	(Gp D)	5.			
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S.equinus	(Gp D)		99,99%	1/5	None		
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Group D non-enterococcus. Only rarely encountered in clinical specimens. Associated with animals.

Figure 1. Identification of S. equinus by RapIDTM REMEL ONE

ТИТУЛЬНЫЙ ЛИСТ_МЕТАДАННЫЕ

Блок 1. Информация об авторе ответственном за переписку

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Блок 3. Метаданные статьи

URINARY TRACT INFECTION BY *STREPTOCOCCUS EQUINUS*: A PEDIATRIC CASE PRESENTATION

Сокращенное название статьи для верхнего колонтитула:

STREPTOCOCCUS EQUINES: CASE STUDY

Keywords: Streptococcus equinus, monomicrobial, colonization, urinary tract.

Краткие сообщения.

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Блок 3. Метаданные статьи

ИНФЕКЦИЯ МОЧЕВЫХ ПУТЕЙ, ВЫЗВАННАЯ STREPTOCOCCUS EQUINUS: ПЕДИАТРИЧЕСКИЙ СЛУЧАЙ

Краткое название:

Клинический случай инфекции, вызванной Streptococcus equines

Ключевые слова: Streptococcus equinus, мономикроб, колонизация, мочевыводящие пути.

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